

Program

- ❖ Rammesætning ved *Camilla Marie Larsen* og *Maj-Britt Bahn Christensen*
- ❖ **”Evaluering af en familiecentreret praksis – God Start”** ved *Camilla Marie Larsen, UCL Erhvervsakademi og Professionshøjskole*
- ❖ **”God Start i praksis”** ved *Maj-Britt Bahn Christensen* og *Britta Andersen, Elsass Fonden*
- ❖ **”Envisage”** ved *Gitte Meilandt Siersbæk, BørneSpecialisterne*
- ❖ **”Resultater og erfaringer med å involvere familier til barn med funksjonsnedsettelse i rehabiliteringstilbud baseret på tilpasset fysisk aktivitet”** ved *Renate Mikkelsen* og *Kjersti Linnes, Beitostølen Helsesportsenter*
- ❖ Opsamling ved *Maj-Britt Bahn Christensen*

Familiecentrering

*Family-centred service is made up of a set of values, attitudes, and approaches to services for children with special needs and their families. Family-centred service recognizes that **each family is unique**; that the family is the **constant in the child's life**; and that they are the **experts on the child's abilities and needs**. The family works with service providers to make informed decisions about the services and supports the child and family receive. In family-centred service, the strengths and needs of all family members are considered.*

Familier er forskellige og unikke og skal behandles med respekt for de individer, de er.

Forældrene kender deres barn bedst og vil det bedste for deres barn. De skal således involveres i at tage beslutninger om hvilken service, der er mest værdifuld for barnet.

Optimal formåen hos barnet opnås i en støttende familie og i nærmiljøet hvorfor alle familiemedlemmers involvering skal understøttes og opmuntres

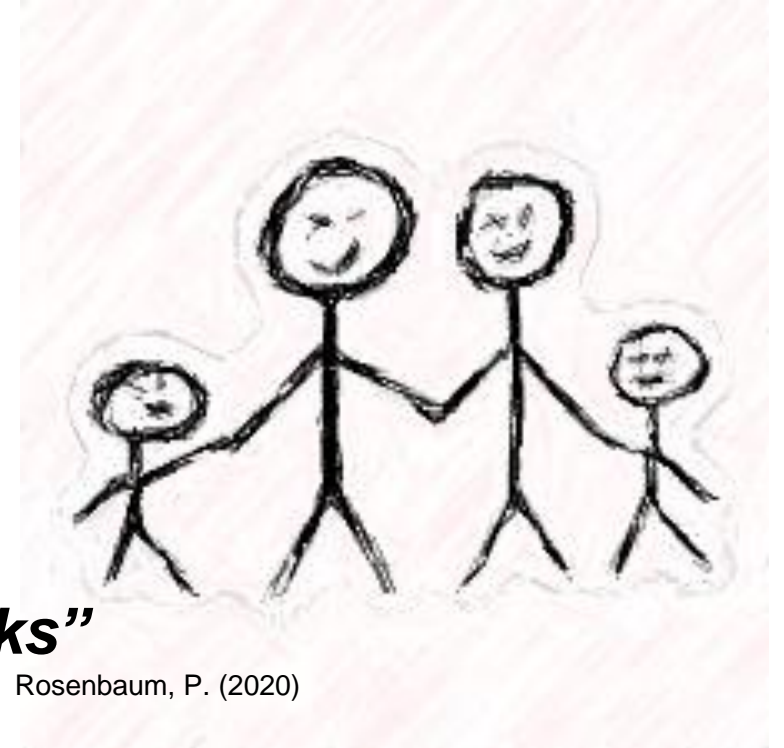
Familiecentrering - hvorfor

- Kvalificere indsatsen og styrke resultaterne for barnets udvikling
- Har betydning for forældrerens oplevelse af at mestre de livsomstændigheder de står i.
- At blive inddraget, hørt på og mødt kan have stor betydning for forældrenes mentale sundhed
- Har positiv effekt på forældrenes oplevelse af at lykkes som forældre

Kilder:
CanChild. Family-centered service

Hadders-Algra M. et al. Effect of early intervention in infants at very high risk of cerebral palsy: a systematic review. *Developmental medicine & child neurology* 2016. DOI: 10.1111/dmcn.13331

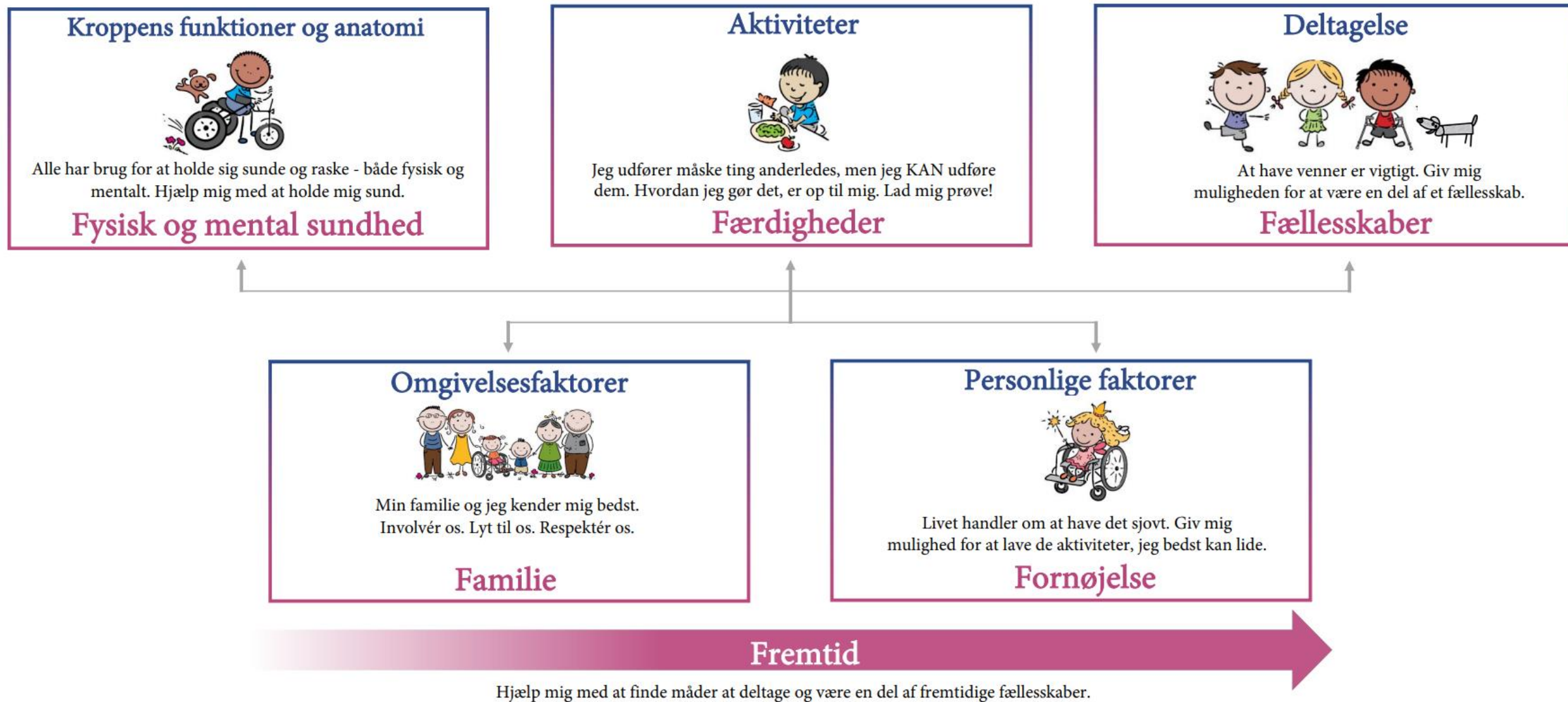
Forældrene er eksperter på deres eget barn



”You have textbooks; we have story books”

Rosenbaum, P. (2020)

ICF modellen¹ og de 6 f-ord²



Elsass Fonden

God start i praksis

Maj-Britt Bahn Christensen, Ergoterapeut

Britta Andersen, Fysioterapeut



Hvordan ser det ud i praksis..

Resultater fra forældreinterviews



Temaer fra analysen

FAMILIEN I CENTRUM

'TRÆNING' NY VIDEN OG TILGANGE

NETVÆRK

ÆNDRINGER I PERSPEKTIVER



Hvordan ser det ud i praksis..

FAMILIEN I CENTRUM



Hvordan ser det ud i praksis..

'TRÆNING' NY VIDEN OG TILGANGE

Hvad vil vi gerne opnå/ændre?	Konkret løsningsforslag; Hvordan? Hvem? Hvornår?	Hvilken værdi skaber prøvehandlingen?
Situation 1		
Situation 2		
Situation 3		

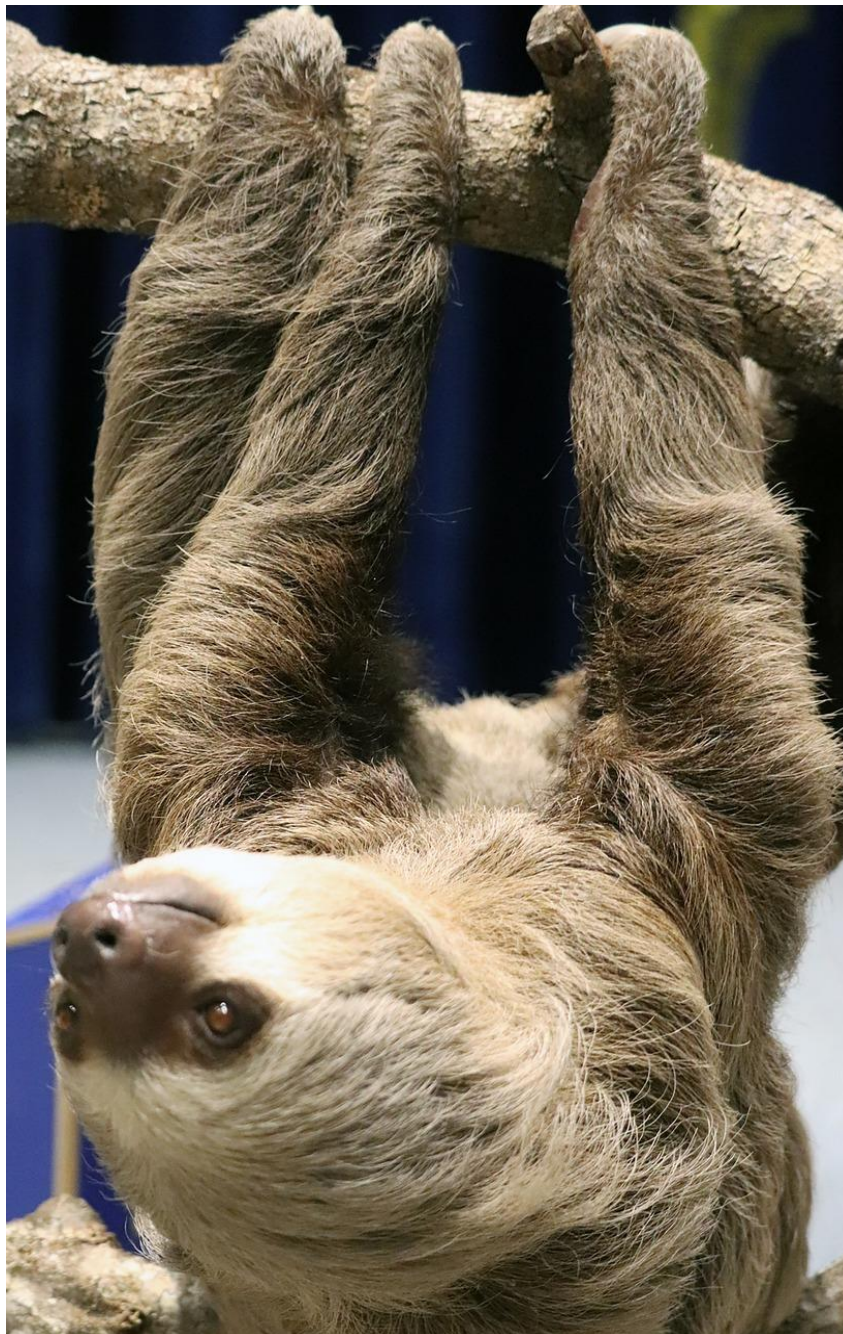
Hvordan ser det ud i praksis..

NETVÆRK

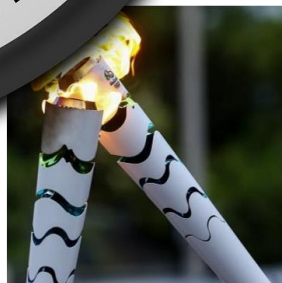
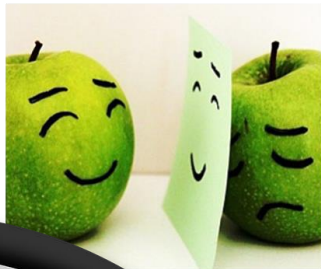


Hvordan ser det ud i praksis..

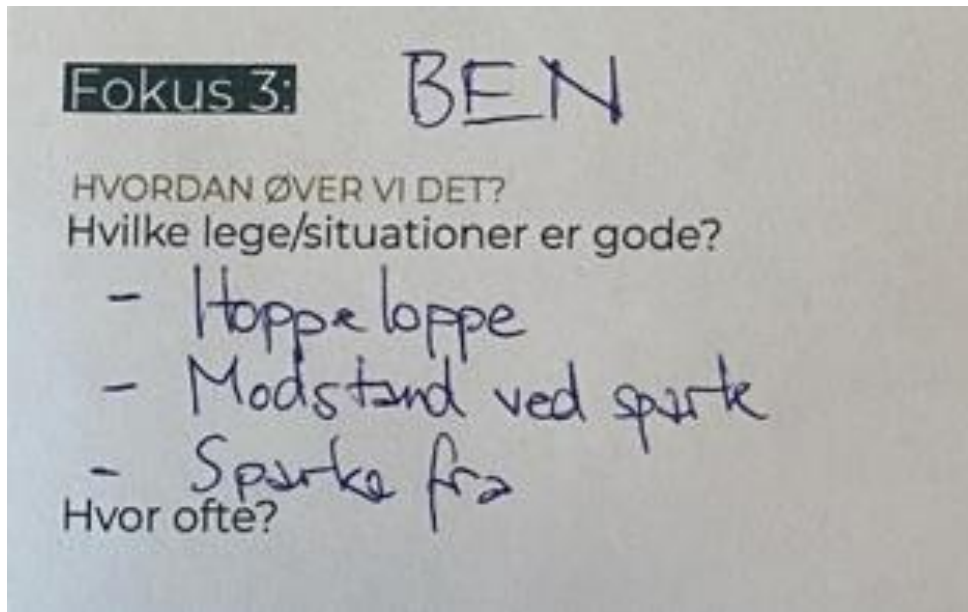
ÆNDRINGER I PERSPEKTIVER



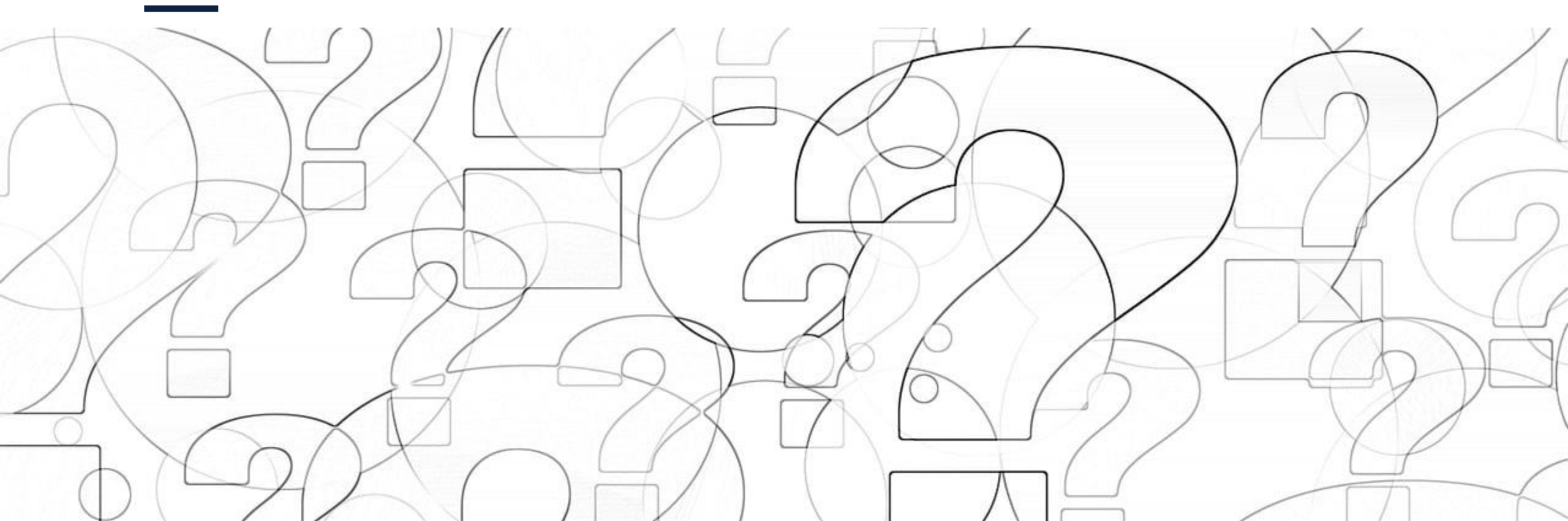
Tilbud om tidlig indsats i Elsass Fonden



Fokusområder



Fokusområde	Udfyld skema for: Gældende for uge:
Fokus 1: HVORDAN ØVER VI DET? Hvilke lege/situationer er gode? - Hvor ofte?	Hvor mange gange/hvor lang tid fik vi gjort det i dag?
Andet?	DAG 1: DAG 2: DAG 3: DAG 4: DAG 5: DAG 6: DAG 7:
Fokus 2: HVORDAN ØVER VI DET? Hvilke lege/situationer er gode?	
Hvor ofte?	
Fokus 3: HVORDAN ØVER VI DET? Hvilke lege/situationer er gode?	
Hvor ofte?	
	



Family-Centred Service – A Checklist for Families

Do you	✓ For more information, refer to FCS sheet...
...know what family-centred service means for the services you and your family receive?	<input type="checkbox"/> #1 What is family-centred service?
...talk to the people who are providing services to find out what family-centred service means to them?	<input type="checkbox"/> #2 Myths about family-centred service
...know about the research that has been conducted on family-centred approaches?	<input type="checkbox"/> #3 How does family-centred service make a difference?
...provide feedback to service providers and/or the organization on positive aspects of the service and about the areas where the service could be improved?	<input type="checkbox"/> #4 Becoming more family-centred
...tell service providers your preferences for meeting times and location?	<input type="checkbox"/> #5 10 things you can do to be family-centred
...tell service providers about the things your child and family enjoy and do well?	<input type="checkbox"/> #6 Identifying and building on parent and family strengths and resources
...connect with other families to share experiences and resources, and to support one another?	<input type="checkbox"/> #7 Parent-to-parent support
...ask questions when the information provided to you is not understandable or is incomplete?	<input type="checkbox"/> #8 Effective communication in family-centred service
...share information honestly with service providers to make sure they know what is important to you and your family?	<input type="checkbox"/> #9 Using respectful behaviours and language
...demonstrate respect when sharing personal opinions about service providers with other parents and other service providers?	<input type="checkbox"/> #10 Working together: From providing information to working in partnership

Law, M., Rosenbaum, P., King, G., King, S., Burke-Gaffney, J., Moring-Sikut, T., Kerfay, M., Pollock, N., Viscards, L., & Teplicky, R., 2003

04

Checklist for Families continued...

Do you	✓ For more information, refer to FCS sheet...
...let service providers know how involved you want to be in the planning and delivery of your child's services?	<input type="checkbox"/> #11 Negotiation: Dealing effectively with differences
...negotiate solutions with service providers when there is a difference of opinion?	<input type="checkbox"/> #12 Making decisions together: How to decide what is best
...gather as much information as possible to make well-informed decisions for your child and family?	<input type="checkbox"/> #13 Setting goals together
...tell service providers you would like your child to be able to do? Do you allow and encourage your child to do this when he/she is able?	<input type="checkbox"/> #14 Advocacy: How to get the best for your child
...advocate on behalf of your child when your child's needs or wishes are not being met?	<input type="checkbox"/> #15 Getting the most from appointments and meetings
...invite a friend or other supportive individual to attend meetings with you?	<input type="checkbox"/> #16 Fostering family-centred service in the school
...communicate openly and frequently with your child's teachers about things that are happening at home?	<input type="checkbox"/> #17 Family-centred strategies for waiting lists

Law, M., Rosenbaum, P., King, G., King, S., Burke-Gaffney, J., Moring-Sikut, T., Kerfay, M., Pollock, N., Viscards, L., & Teplicky, R., 2003

05

Family-Centred Service – A Checklist for Service Providers

Do you	✓ For more information, refer to FCS sheet...
...know how to work with families in a family-centred way?	<input type="checkbox"/> #1 What is family-centred service?
...talk to your colleagues and the families you work with about what family-centred service means to them?	<input type="checkbox"/> #2 Myths about family-centred service
...understand the research on family-centred service and use this evidence to advocate for the use of family-centred approaches?	<input type="checkbox"/> #3 How does family-centred service make a difference?
...discuss family-centred service with your colleagues and support each other in being family-centred?	<input type="checkbox"/> #4 Becoming more family-centred
...offer families a choice of location and time to meet, and schedule appointments that work best for them?	<input type="checkbox"/> #5 10 things you can do to be family-centred
...ask parents about their strengths and resources, including the people they find supportive and their own skills?	<input type="checkbox"/> #6 Identifying and building on parent and family strengths and resources
...ask families if they would like to connect with another family and provide resources to do so?	<input type="checkbox"/> #7 Parent-to-parent support
...listen to what families tell you, believe them and trust in them?	<input type="checkbox"/> #8 Effective communication in family-centred service
...describe families in the same respectful way, whether or not they are present?	<input type="checkbox"/> #9 Using respectful behaviours and language
...ask parents how involved they want to be in the planning and delivery of their child's services? Do you respect their decision?	<input type="checkbox"/> #10 Working together: From providing information to working in partnership

Law, M., Rosenbaum, P., King, G., King, S., Burke-Gaffney, J., Moring-Sikut, T., Kerfay, M., Pollock, N., Viscards, L., & Teplicky, R., 2003

06

Family-Centred Service – A Checklist for Service Providers

Do you	✓	For more information, refer to FCS sheet...
...know how to work with families in a family-centred way?	<input type="checkbox"/>	#1 What is family-centred service?
...talk to your colleagues and the families you work with about what family-centred service means to them?	<input type="checkbox"/>	#2 Myths about family-centred service
...understand the research on family-centred service and use this evidence to advocate for the use of family-centred approaches?	<input type="checkbox"/>	#3 How does family-centred service make a difference?
...discuss family-centred service with your colleagues and support each other in being family-centred?	<input type="checkbox"/>	#4 Becoming more family-centred
...offer families a choice of location and time to meet, and schedule appointments that work best for them?	<input type="checkbox"/>	#5 10 things you can do to be family-centred
...ask parents about their strengths and resources, including the people they find supportive and their own skills?	<input type="checkbox"/>	#6 Identifying and building on parent and family strengths and resources
...ask families if they would like to connect with another family and provide resources to do so?	<input type="checkbox"/>	#7 Parent-to-parent support
...listen to what families tell you, believe them and trust in them?	<input type="checkbox"/>	#8 Effective communication in family-centred service
...describe families in the same respectful way, whether or not they are present?	<input type="checkbox"/>	#9 Using respectful behaviours and language
...ask parents how involved they want to be in the planning and delivery of their child's services? Do you respect their decision?	<input type="checkbox"/>	#10 Working together: From providing information to working in partnership

Family-Centred Service – A Checklist for Service Providers

Do you



For more information, refer to FCS sheet...

...ask parents about their strengths and resources, including the people they find supportive and their own skills?



#6 Identifying and building on parent and family strengths and resources